**Getting ready for September**



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| **Try a new hobby or game** | **Learn to prepare something to eat** | **Get in touch with at least 3 friends** | **Play outside with a friend** | **Look at your school website and find out what is happening** |
| **Set up a treasure hunt with clues for a friend** | **Practise some breathing exercises that your teacher has shared** | **Try to go to bed as if it is school time** | **Start getting up as if it is school time** | **Make a list of all the questions you have about school** |
| **Visit a neighbour you have met during lockdown when it is safe** | **Make a list of all the good things that have happened during lockdown** | **Write or draw a picture to represent lockdown** | **Make a happiness box to bring into school** | **Complete the mindfulness colouring you have been sent** |
| **Go for a walk every day** | **Lie and your back and look at the clouds, see if you can spot some animal shapes** | **Build a den inside and outside** | **Complete a random act of kindness for someone** | **Climb a tree with an adult nearby** |
| **Laugh until your tummy hurts** | **Splash in the puddles** | **Make a daisy chain** | **Make a sculpture out of anything you can find** | **Put together a new dance to perform to someone you love** |
| **Write a song or poem about what you have missed most** | **Plant some seeds and look after them, then bring your plant to school** | **Camp outdoors and tell each other stories** | **Go on a picnic in the wild** | **Make a bug hotel for the little beasts in your garden** |
| **Make a piece of art from sticks** | **Play Pooh sticks** | **Roll down a big hill** | **Fly a kite** | **Climb a big hill** |
| **Take photos of special people and places** | **Sing as loud as you can** | **Bake a cake** | **Write a wish list for next school year** | **Read your favourite book** |