

Are you worried about how they are feeling?

# DECREASING DEPRESSION

FREE TALK



May 14th 7-8pm

Jane Keyworth, Lead Facilitator at FACE gives a one hour online talk explaining what we can do to reduce the symptoms of depression.

Book online at [facefamilyadvice.co.uk](https://www.facefamilyadvice.co.uk) go to **PARENT** page